

# Shabbat

What does it mean and why is important?

The name of Shabbat is always known as the 7<sup>th</sup> day of the week.

After six days creation of heaven and earth, ~~HE~~ then made another day. Made the seventh day as a blessing (sacred) memorial day. HE mark this last day of the week as special day to remember how wonderful HE made during the six days creation (Gen. 1:1-31; 2:1-3; Ex. 20:8-11; Is. 56:6).



The word "shabbat" is found definitely in the ancient Semitic languages of Hebrew, Aramaic, and Arabic languages. Long before they were apart and divided tribe of Israel and/or Judah. They have this ancient word shabbat before their language were evolved. The modern Hebrew word for seventh was closely to mean "shevet". The word "Shabbat or Sabbath" is a Hebrew verb to means "to rest from labor", the day of rest.



This is why the word shabbat (Sabbath) is clearly connected to the verb "shevet" (shavat) once again, to mean "to cease, desist, rest". This is why the seventh day was name after it meaning. Another word, the seventh day or Saturday dose not mainly mean number "7" but to REST.

Ancient  
Aramaic/Hebrew  
once were  
numerals to used  
by the alphabetic  
numeral system  
using the letters  
of the  
alphabet.

ANCIENT HEBREW  
(PRE-BABYLONIAN CAPTIVITY)

8	7	6	5	4	3	2	1
𐤇	𐤆	𐤅	𐤄	𐤃	𐤂	𐤁	𐤀
60	50	40	30	20	10		9
𐤅𐤁	𐤄𐤁	𐤃𐤁	𐤂𐤁	𐤁𐤁	𐤀𐤁	⊕	
400	300	200	100	90	80	70	
𐤅𐤅	𐤄𐤅	𐤃𐤅	𐤂𐤅	𐤁𐤅	𐤀𐤅	⊙	

## HEBREW

THREE LANGUAGES IN ONE

### PICTOGRAPHIC

22 PICTOGRAMS - SYMBOLS OR LETTERS  
TO FORM IDEAS OR WORDS

### NUMERIC

22 PICTOGRAMS ARE ALSO NUMBERS WITH MEANING  
BASED ON HOW THAT NUMBER IS USED IN THE BIBLE

### PHONETIC

THE OLDEST LANGUAGE IN THE WORLD

The counting "seventh-day" of the week was probably the first numeral to name by the WORD "REST" instead of the alphabetic letters in the numeral system. Modern Hebrew now have their own number by word instead of singular letter.

### 1-10 Ah-Chaad/Ah-Chaath Wa I-Shar/I-Sha-Rah

NUMBER	HEBREW NAME (M)	HEBREW NAME (F)	LETTER VALUE (PROTO)	LETTER VALUE PHOENICIAN	LETTER VALUE MODERN	TRANSLITERATION
One	Ah-chaad	Ah-chaath	𐤀	𐤁	א	Ah
Two	Sha-na-yam	Sha-tha-yam	𐤂	𐤃	ב	Ba
Three	Sha-la-shah	Sha-lash	𐤄	𐤅	ג	Ga
Four	Ah-ra-ba-i-ha	Ah-ra-bai	𐤆	𐤇	ד	Da
Five	Chaa-ma-shah	Chaa-mash	𐤈	𐤉	ה	Ha
Six	Sha-shah	Shash	𐤊	𐤋	ו	Wa
Seven	Sha-ba-i-ha	Sha-bai	𐤌	𐤍	ז	Za
Eight	Sha-ma-wa-nah	Sha-ma-wa-nah	𐤎	𐤏	ח	Chaa
Nine	Tha-sha-i-ha	Tha-shai	𐤐	𐤑	ט	Ta
Ten	I-shar	I-sha-rah	𐤒	𐤓	י	Ya



The name of Shabbat in every languages around the world have a very similar sounding name for their Saturday, the 7<sup>th</sup> day of the week.

Arabic: *Sabet*

Armenian: *Shabat*

Bosnian: *Subota*

Bulgarian: *Sabota*

Corsican: *Sàbatu*

Croatian: *Subota*

Czech: *Sobota*

Georgian: *Sabati*

Greek: *Savvato*

Hebrew: *Shabbat*

Indonesian: *Sabtu*

Italian: *Sabato*

Latin: *Sabbatum*

Maltese: *is-Sibt*

Polish: *Sobota*

Portuguese: *Sábado*

Romanian: *Sambata*

Russian: *Subbota*

Serbian: *Subota*

Slovak: *Sobota*

Slovene: *Sobota*

Somali: *Sabti*

Spanish: *Sabado*

Sudanese: *Saptu*

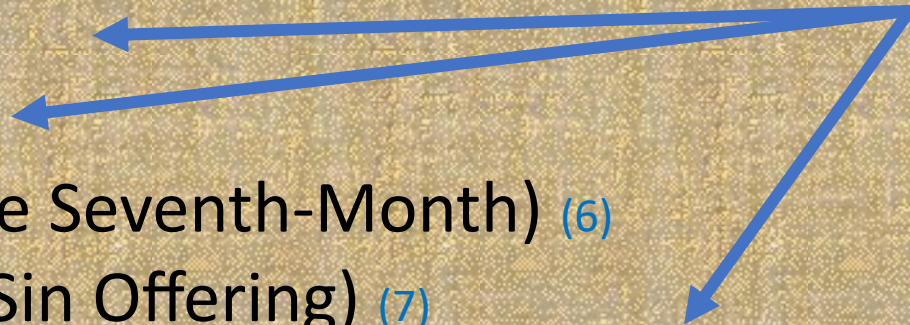
Ukranian: *Subota*



Once again, Shabbat is always known as the 7<sup>th</sup> day (1) of the week. However, shabbat is also known for any sabbatical appointed time holiday as well. For example, according to Leviticus chapter 23,  $\text{אָרְבַּעַת}$  teach us about not just 7 but 8 annual appointed times remembering. Three of these 8 annual appointed time holiday have three pilgrimage festival holidays. It is also known as three festival of the first fruits Harvest.

- Day of Gladness (First Day of First Month - New Year) (2)
- Sacrifice of Peace Offering Day (3)
- Festival of Unleavened Bread (4)
- Festival of Harvest Day (5)
- Day of Trumpets (First Day of the Seventh-Month) (6)
- Day of Atonement (Cleaning of Sin Offering) (7)
- Last Festival of Ingathering (Third-First-Fruits festival) (8)

3 Festivals Holidays





As you can see, sabbatical time of those appointed time Holi-days does not always mean the 7<sup>th</sup> day of the week. The time of rest can fall on any **MARK** of the appointed day. **אֱלֹהִים** want his people to take those Sabbatical (rest) appointed holiday. That is why **אֱלֹהִים** made the fourth commandment to have HIS people NOT to forget the SHABBAT time. The **MARK** of the REMEMBERING day to honor and respect HIS commanded (LAW) which HE had already given us.



Just to be clear again, sabbatical day(s) does not always mean on the 7<sup>th</sup> day or Saturday, because the word Shabbat mean REST. אָרְבַּע have commanded us to annually track one of the appointed day holiday which can fall on any giving day of the month.

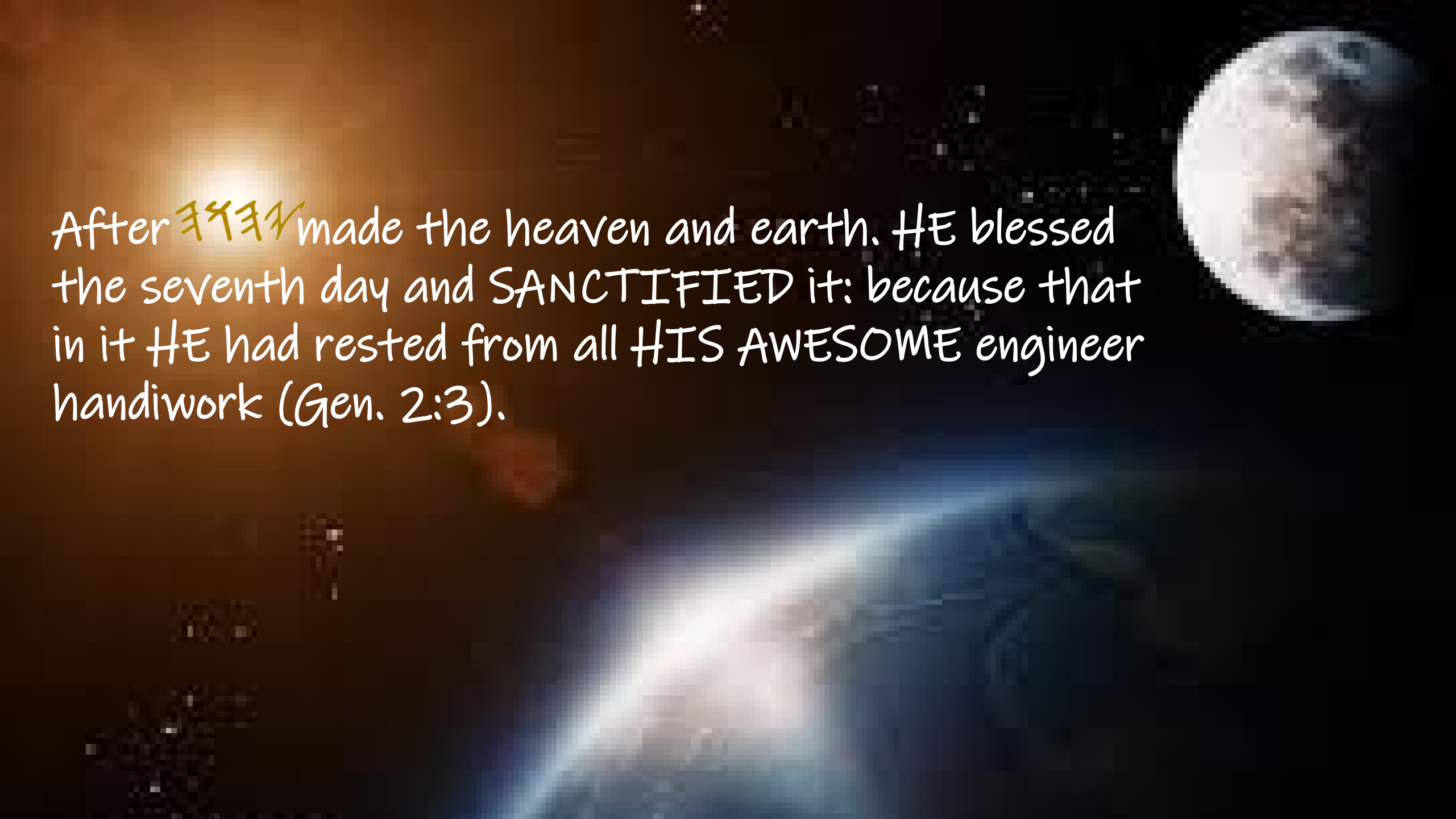


Since Genesis chapter one, verse 14 explains that אלהים created the sun, moon and stars on the fourth day as tracking sign (mark) and season of day and year. That these sign of lights rule over the day and night. This is how we the people should of originally track the time of the month and year.



The way we track the time system in our modern-day world is Roman-Gregorian time system, 𐌹𐌶𐌹𐌿 time system is a lot different from the Roman-Gregorian time system. 𐌹𐌶𐌹𐌿' s instruction about the appointed time holi-day will not land on the same day as the Roman-Gregorian time system. This is why we must follow only 𐌹𐌶𐌹𐌿 tracking sign (mark) of time.





After **יהוה** made the heaven and earth. HE blessed the seventh day and SANCTIFIED it: because that in it HE had rested from all HIS AWESOME engineer handiwork (Gen. 2:3).

יְהוָה blessed and sanctified that day as **mark of the special day**, because יְהוָה also said in Ex. 20:8-11 and verse 20 "that this day must not be forgotten but to REMEMBER. Because it is a that ye may know that I am the Creator who doth sanctify you" (Ex. 31:13). By observing the 7<sup>th</sup> Day (Shabbat), HIS people would give a great testimony who He is and how HE is our Almighty Father, the Creator ONE who want us to acknowledge HIS awesome creation work, from heaven to earth. which He rested after finishing this beautiful handiwork creation that day.





After  $\aleph\aleph\aleph$  spoke to Jacob and said to him, "Your name shall be Israel," Jacob set up a stone pillar and called the place Bethel (Gen. 35:14).



After אָרָא spoke to Moses and gave him ALL the Commandments (laws), Moses got up early the next morning and stood up twelve stone pillars representing the twelve tribes of Israel (Ex. 24:4).





Joshua also set up twelve stones from the river Jordan to remember אֲשֶׁר's clearing of the river for safe passage. He told the Israelites to use the stones as a memorial to tell their descendants about what אֲשֶׁר had done for them (Jos. 4:21-24).



All these stones are a memorial that were build as a sign mark of remembering. Just like the rainbow in the clouds is also the sign (mark) of the covenant between  $\text{אלהים}$  and the earth (Gen. 9:13) and this is why Shabbat is a sign of the covenant between  $\text{אלהים}$  and you throughout HIS children's generations (Ex. 31:13).



"Therefore, I, ~~YHWH~~ made them go out of the land of Egypt and brought them into the wilderness. And I gave them My statutes and showed them My judgments, 'which, if a man does, he shall live by them.' Moreover, I also gave them My Sabbaths, to be a sign between them and Me, that they might know that I am the Almighty ONE, the Creator who sanctifies them."



"Yet the house of Israel rebelled against Me in the wilderness; they did not walk in My statutes; they despised My judgments, 'which, if a man does, he shall live by them'; and they greatly defiled My Sabbaths. Then I said I would pour out My fury on them in the wilderness, to consume them." – Eze. 20:10-13.



Why is the Shabbat day MARK  
of the law do not change?

Ever since **אֱלֹהִים** commanded to created  
(engineer builder) everything from heaven  
to earth, it is the fountain laws that  
cannot be change and do not change HIS  
mind. He created this plan by HIS will which  
stand firm forever (Deu. 4:2; 7:9, 12:32; 32:4; Psa.  
33:11; 89:34; 119:89; 90, Num. 23:19, Isa. 40:8; 54:10  
Mal. 3:6, Prov. 30:5-6). Whatever the law of creation was  
first built in ancient, stay the way it is as always.  
Because **אֱלֹהִים** said so!



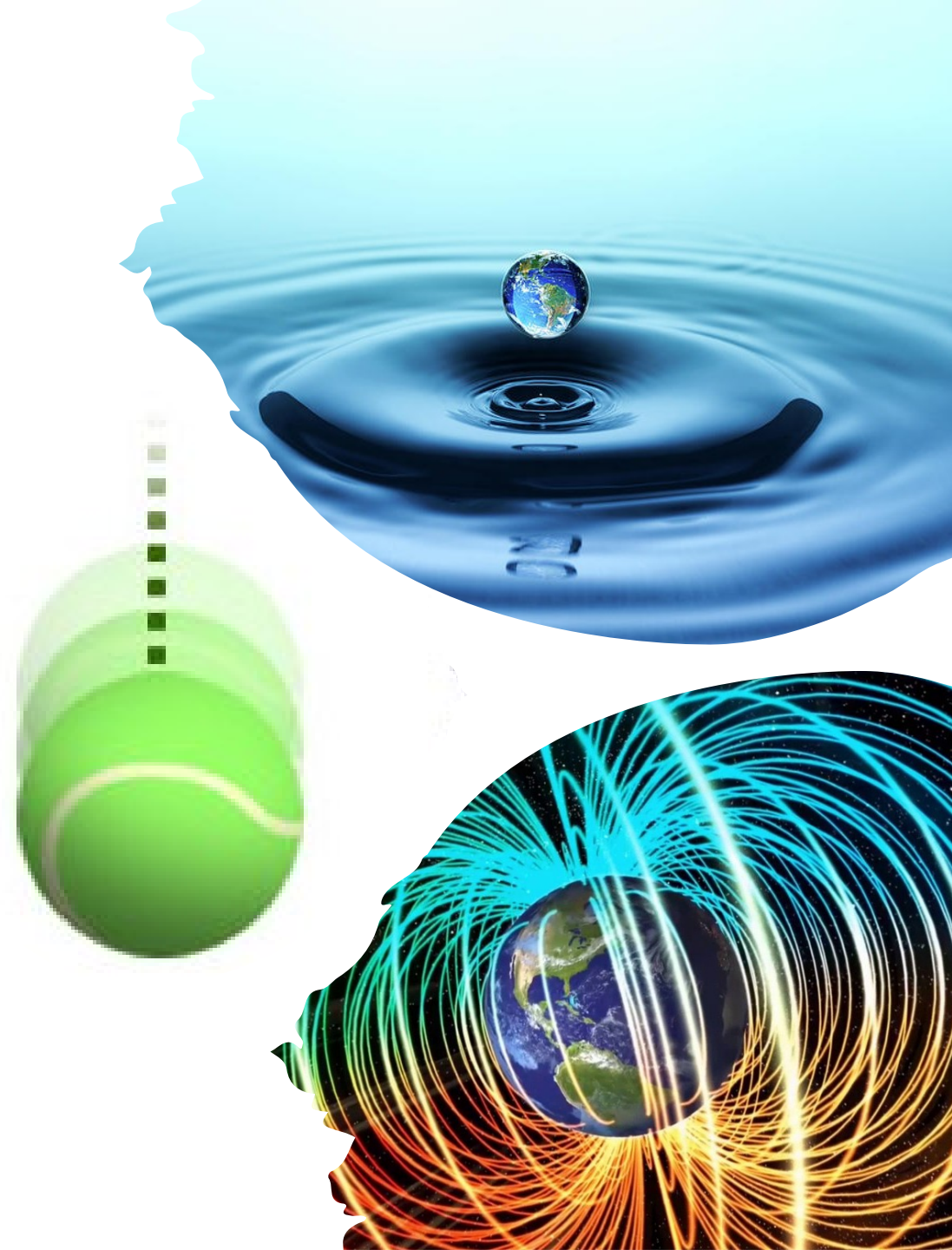
"Speak also to the children of Israel, saying: 'Surely my Sabbaths you shall keep, for it is a sign (MARK) between Me and you throughout your generations, that you may know that I am the Almighty ONE, the Creator [ONE] who sanctifies you. You shall keep the Sabbath, therefore, for it is sacred to you. Everyone who profanes it shall surely be put to death; for whoever does any work on it, that person shall be cut off from among his people. Work shall be done for six days, but the seventh is the Sabbath of rest, holy to the Master of אלהים...."



"...Whoever does any work on the Sabbath day, he shall surely be put to death. Therefore, the children of Israel shall keep the Sabbath, to observe the Sabbath throughout their generations as a perpetual covenant. It is a sign between Me and the children of Israel forever; for in six days the Lord made the heavens and the earth, and on the seventh day He rested and was refreshed." - Exo. 31:13-17



You may now can see why ~~3434~~  
commanded made everything,  
including the Sabbatical day  
holiday **MARK**. That this  
Sabbatical rule of time cannot  
be change, add or removed.  
Just as why the law of gravity  
or magnetism nor water cannot  
be change. Otherwise,  
everything will collapse in our  
daily life.





"You must not go in the statutes of your parents;  
you must not keep their regulations, and you must not  
make yourself unclean with their idols. I,  $\aleph\aleph\aleph$ , am your  
Creator ONE, so go in my statutes and keep my  
regulations and do them. And treat my Sabbaths as  
holy, and they will be a sign between me and between you  
that you may know that I,  $\aleph\aleph\aleph$ , am your Creator  
Almighty ONE." – (Eze. 20:18-20)

This also mean not to follow the mark of the Roman-  
Gregorian time system, this way we will know exactly when  
the Shabbat day begin.



Let go back to the creation of GENESIS time. First chapter and verse five, where it said, *"There came to be evening and there came to be morning, the first day"*. As reader who read this verse must be extra careful what it actually telling the reader. We must understand what happen before verse five. From verse 3-4,  $\text{אֱלֹהִים}$  start creating something anew. He spoken (commanded) there to appear a light. Light that shine in the void of the dept darkness that never had this appearing light to separate the darkness. This is the beginning of something HE did before there was evening and there came to be morning.

Verse 3-5: Then אלהים said, "Let there be light!" and there was light. אלהים saw that the light was good. So אלהים distinguished the light from the darkness. אלהים called the light "day," and the darkness He called "night."



Verse 5 — ...So there was evening and there was morning—one day.

(from the end of day to stop and rest and than rest to sleep for the rest of night until morning.)



As you recently saw the previous slide, you can see why DAYLIGHT is the day that began labor. And the day of the NIGHT is when rest, no labor but sleep. This is why the Creation TIME of LIFE began the 24-hour day at dawn, before sunrise morning. There are also numerous of passage verses point-out why the next day began in the morning:

*"And this is what you prepare on the altar: two lambs, a year old, daily, continually. Prepare the one lamb in the morning and the other (second) lamb you prepare between the evenings..."* - Exodus 29:38-39

We must understand more about this throughout the scripture books, as of why the daily sacrifice offering always start one in the morning and one at the evening.

"...to offer burnt offerings to יהוה on the altar of burnt offering regularly morning and evening and to do according to all that is written in the Torah of יהוה which He commanded Yisra'el;" -  
1<sup>st</sup> Chronicles 16:40



"And so it was, on the next day, that Moses sat to judge the people; and the people stood before Moses from morning until evening." Exodus 18:13

*Didn't it say on the next day  
from morning until evening?*

Book of Isaiah 60:1 said: "Arise, shine, for your light has come, and the glory of  $\aleph\aleph\aleph$  has risen (or renew) upon you" is just like waking up early in the morning, to live in a new day. To refresh another day.

"We are still alive because the  $\aleph\aleph\aleph$ 's compassions never fail. They are new every morning! Great is Your faithfulness" -Lamentations 3:22-23



"For after seven more days I will cause it to rain on the earth forty days and forty nights, and I will destroy from the face of the earth all living things that I have made." Genesis 7:4

Did it say night first and days last?

We can NOT automatically take as conclusion that the "EVENING" is, therefore, the beginning of the day, because it mentioned first in our modern-day scripture English understanding. We must put our mind set the ancient interpreter way how the ancient people describe the creation story. Like when we read the red octagon's shape without a word, we will be able to understand that this mean STOP. Or a white flag waving on the stick, is a message of desire to surrender for peace, to be unarmed. Since our modern English and Hebrew are not the same as how the ancient language were written and understood. Before Hebrew/Aramaic typography, ancient wrote in pictograph. Image instead of words.



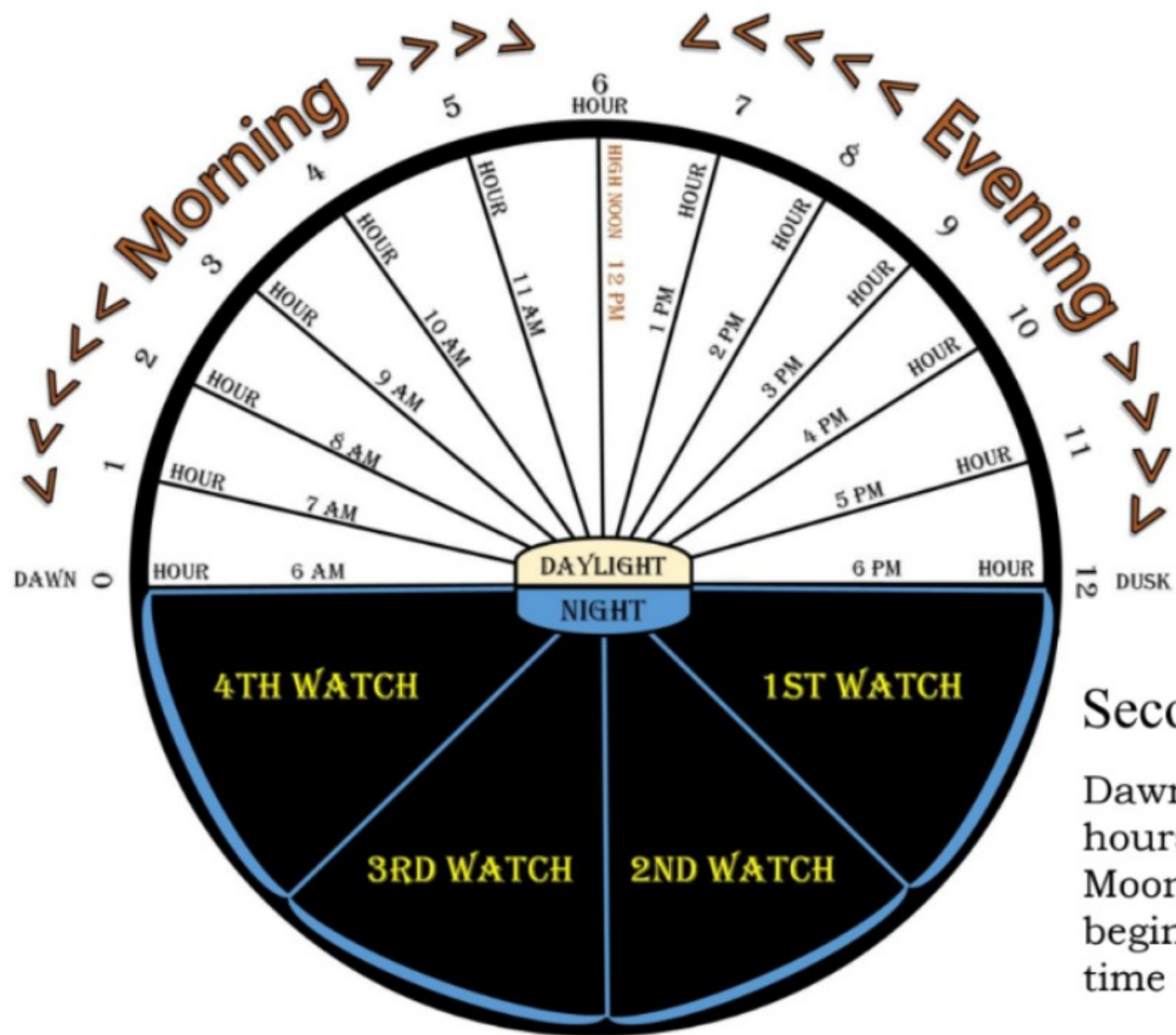


Base on how we track the sign of the sun and moon during spring and fall seasons (because of equal day and night hour), we understand it take about 24 hour to fill in one day. First 12-hour daylight and the last 12-hour of night hours. From dawn of morning to sundown dusk is the first 12-hour and from sundown dusk to dawn of morning is the last 12-hour of the DAY.

This is why is we called "DAY" as a whole 24-hour, because daylight rule over the night. First is the day and night being the last. That is why אָרְבָּע separates this light from the darkness and HE is glad that HE did that according to verse three and four. Those two verses is what HE did during creation before there was evening. Between evening to morning, nothing had happened during that hours. Just as people sleep during that hours as well.



*"...the path of the righteous is like the light of dawn, which shines brighter and brighter until full day." - Proverbs 4:18*



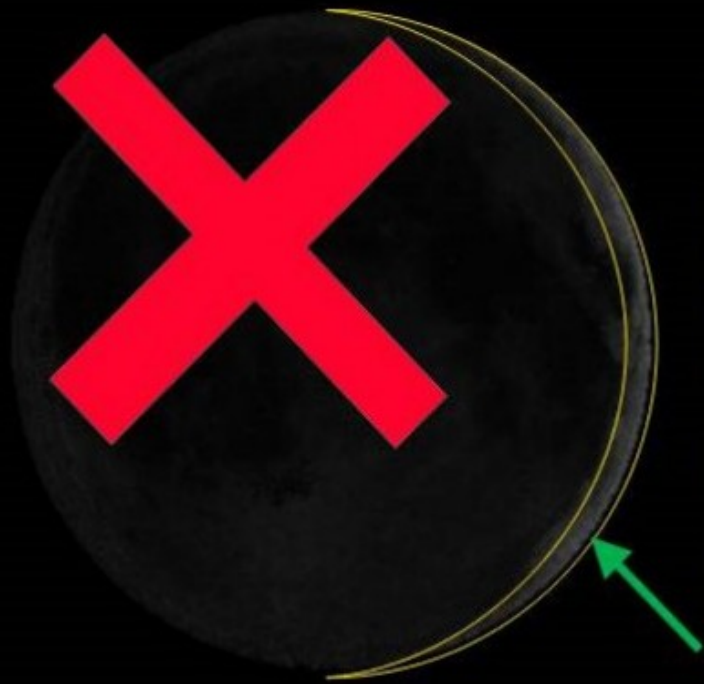
### FYI:

Based on the sign of the sun for daylight hour and how the sun rule the night as well. This is why the day is about 24 hours is called DAY ONE. During the spring and fall seasons, the day are about 12 hours daylight and about 12 hours night. While summer season have longer daylight hours & night have shorter hours. While the winter daylight hours is shorter, and the night is longer hours.

### Second Lesson:

Dawn hour is the beginning of the 24 daylight hours. We are not to get confused with the New Moon setting at near sundown evening as the beginning of the new day. New day is always the time we wake up as the dawn of the sun light up.





*אֱלֹהִים said, "Let there be lights in the vaulted dome of heaven to separate day from night, and let them be as signs and for appointed times, and for days, and years..."*

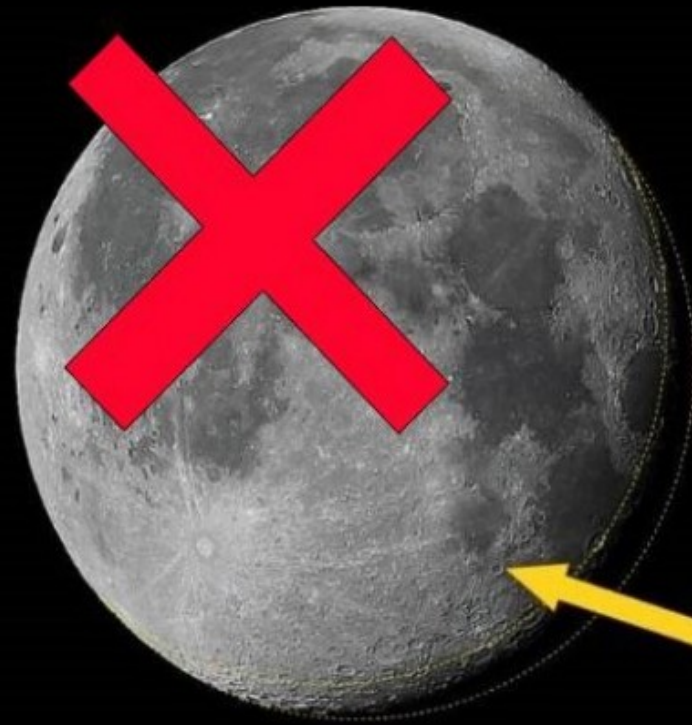
These lights are the sun, moon, and stars that gave us the sign of time to determine the appointed seasons, from day and night. אֱלֹהִים made the moon for appointed times of the month cycle (Psalm 104:19).

When the sun shine up in the sky, it's completely day-lights. When the sun is way below the horizon, passed the dusk of ray of evening light, it completely dark as night.

During the night, we don't see the round shape of the sun, but during the day, we can see the shape of the sun. The sign of day and night as well.

The same for the New Moon, it had to be complete 100% full shadow dark gray moon (normally it's hard for us to see it with our naked eyes). The same for the Full Moon, it had to be 100% full round moon light.

An appearing light at 7% waxing crescent moon is not a New Moon at all. It had to be completely zero %.



*If those other who falsely practice the "New Moon" which give out some appearing light at the edge of the moon. A moon like 5% to 7% of waxing crescent on the moon, will end up seeing 98% to 96% waning gibbous moon on the Sacrifice of Peace Offering Day and on the first Day of the Festival of Ingathering week. After counting 14th/15th day from the first day of the New Moon (month).*


*This is not a 100% full moon.*

This is why the appointed first day New Moon cannot not give out some light on the edge of the moon. Just as a birth child isn't one full year old. Even from zero to one hour, from dawn to sunlight appearing is how the day begin. The same for the first day of the month.

*What you just  
saw is like the  
tracking of the  
ancient sundial.*







*By now, you should be able to clearly understand that the beginning of the day start at dawn, because the sunlight start lighten the sky just before sunrise. Therefore, the beginning of Shabbat start by dawn of the morning.*

NOW, does this Sabbatical law only apply  
to the bloodline descendants of Abraham,  
Isaac, or Jacob, (Israel) nor David?



NO, it dose not only apply to the descendants of Abraham, Isaac, or Jacob (Israel), nor David. Because the descendants of Adam, Enosh, and Noah are all not the descendants of Abraham, Isaac, or Jacob, (Israel) nor David.





So, this is what we need to better understand about Israelites, Israelites is not just **אִשְׂרָאֵל**'s people (children). Israelites is the great model nation of people who believe, follow and serve **אֱלֹהֵי**'s way of life. Israelites is also a great memorial tribe name because **אֱלֹהֵי** led them out of Egypt. Offspring people who repent and believe in **אֱלֹהֵי** also can join the Israelites tribe. Meaning, they can become **אִשְׂרָאֵל**'s people who serve HIM.

Since Adam's, Abraham's, Isaac's, Jacob's, and David's time, there were many who became the offspring tribes of people who apart themselves from **אֱלֹהִים**. Who no longer were **אֱלֹהִים**'s people or Israelites.



That is why every covenant laws **אלה** made is not just the Israelites people but ALL mankind. **אלה** have been expecting HIS people (not to mean the Israelites alone) who HE made mankind on earth to obey and respect ALL of HIS covenant laws. Otherwise, those who chose not to live by HIS rule will be lost.

Did you know there were other Egyptian (mixed multitude people) who repented and believe in **3937** have joined with the Israelites tribe before they all left from Egypt (Exodus 12:38)?



Another reason I know this also, even a foreigners (Alien) who enter gate to visit or plan to become resident in **אלהים**'s kingdom of Israel must respect, follow, and obey **אלהים**'s law according to **Ex. 12:49; 20:10, Deut. 31:9-13, Num. 15:15, and Eze. 44:7-17**. That is why I, Bro. Pouliot believe I can still be part of the Israelites tribe even, so I am not the bloodline descendants of Abraham's, Isaac's, or Jacob. The whole bottom line here is, the name of Israelites and other nations are all **אלהים**'s creation children.

Proverbs 4:13 and 7:2, show us that  
we must guard all of HIS  
instructions (laws) at all time.



This is why I, Bro. Pouliot must rebuke any of those other added written books. After the Old Testament books. Translator have alter (change) the instructions book. This including to the Bible of the NEW TESTAMENT books as well.

